The Northumbrian Renaissance or Northumbria's Golden Age is the name given to a period of cultural flowering in the Anglo-Saxon kingdom of Northumbria, broadly speaking from the mid-seventh to the mid-eighth centuries. It is characterised by a blend of insular art, Germanic art and Mediterranean influence. Authors associated with this golden age include Bede and Alcuin; artefacts include the Lindisfarne Gospels and associated manuscripts, the Ruthwell Cross and associated sculptures, and, arguably.