

# Hepatitis Prevention and Treatment / 9783764359560 / 2004 / 246 pages / Joseph M. Colacino, Beverly A. Heinz / Springer Science & Business Media, 2004

Hepatitis C virus (HCV) infection is one of the main causes of chronic liver disease worldwide [1]. The long-term impact of HCV infection is highly variable, ranging from minimal histological changes to extensive fibrosis and cirrhosis with or without hepatocellular carcinoma (HCC). The number of chronically infected persons worldwide is estimated to be about 180 million [2], but most are unaware of their infection. Clinical care for patients with HCV-related liver disease has advanced considerably during the last two decades, thanks to an enhanced understanding of the pathophysiology of the disease. Hepatitis A is a highly contagious liver infection caused by the hepatitis A virus. The virus is one of several types of hepatitis viruses that cause inflammation and affect your liver's ability to function. You're most likely to get hepatitis A from contaminated food or water or from close contact with a person or object that's infected. Mild cases of hepatitis A don't require treatment. Most people who are infected recover completely with no permanent liver damage. Practicing good hygiene, including washing hands frequently, is one of the best ways to protect against hepatitis A. Doctors may treat chronic hepatitis B with antiviral medicines that attack the virus. Not everyone with chronic hepatitis B needs treatment. If blood tests show that hepatitis B could be damaging a person's liver, a doctor may prescribe antiviral medicines to lower the chances of liver damage and complications. Medicines that you take by mouth include... Chapter 4: Travel-related infectious diseases. In: Centers for Disease Control and Prevention. CDC Yellow Book 2020: Health Information for International Travel. Oxford University Press; 2017. Accessed October 24, 2019. [wwwnc.cdc.gov/travel/yellowbook/2020/travel-related-infectious-diseases/hepatitis-b](http://wwwnc.cdc.gov/travel/yellowbook/2020/travel-related-infectious-diseases/hepatitis-b).