

# How to Ruin Your Life, 2010, 342 pages, Ben Stein, 9781458776594, ReadHowYouWant.com, 2010

If they have ever been booked by that county, you can see all the details, from the time of arrest to all prior offenses. Most people don't have any arrests to hide, but if they do then you've hit the jackpot. Step 3: Execute Vendetta. Don't let the Bitch's memory taint the quality of your life. After successfully carrying out the above steps, let it go, and move on with your life. Before you read any further, I must warn you that publicly ruining someone's life is no joke. You can't put the genie back in the bottle; once a person's reputation is destroyed, no amount of creative spin can erase the public's memory—just ask O.J. Simpson or Anthony Weiner. *How to Ruin Your Life* and *Starting Over When You Do* is a helpful read for anyone seeking to avoid ruin. Seasoned Christians and new believers alike will benefit from his gospel-drenched remedy for recovery from tragic decisions. Gaye Clark is a nurse case manager for Parkridge Health Systems. She writes in her free time. She is the widow of James Clark, mother of Anna Wiggins and Nathan Clark, and grandmother of Clark Jaymes. You can follow her on Twitter. Now Trending. But ruined lives do happen—far too often. And they happen because of the choices we make. Many of our most influential choices take place when we are relatively young—old enough to be making important decisions, but young enough for those decisions to have disastrous consequences. How can we avoid making such mistakes? We can start by listening to God's wisdom through King Solomon. Although Solomon faced major challenges later in his life because he stopped taking his own advice, he was one of the wisest men who ever lived, and God has preserved some of his best counsel in the book of Proverbs. Below are seven ways you can ruin your life while still in your twenties—based on the opposite of Solomon's counsel—along with a resolution for what to do instead.