Early Psychosocial Interventions in Dementia
Evidence-Based Practice

Edited by Esme Moniz-Cook and Jill Manthorpe


For the increasing number of people diagnosed with dementia each year, treatment in the early stages can make a significant difference to their quality of life. This book provides examples of psychosocial interventions: taking into consideration the individual, social and environmental aspects of the person’s life.

It looks at ways of providing support at the time of diagnosis and goes on to explore a variety of interventions and services for the treatment of early dementia. Bringing together the knowledge and experiences of professionals from both the UK and Europe, the contributors describe interventions for both psychological and practical problems with case examples such as memory support groups, art therapies and assistive technologies for use in the home.

This accessible book will be essential reading for practitioners and carers working with those with early dementia and will be extremely useful in both professional development and for those new to dementia care.

Esme Moniz-Cook is Professor of Clinical Psychology and Ageing at the Institute of Rehabilitation, University of Hull and Chair of the Board of INTERDEM, a pan-European multi-professional scientist practitioner group dedicated to developing psychological interventions and support for people with dementia and their families. She has worked in the NHS for over 25 years. Jill Manthorpe is Professor of Social Work at King’s College London and Director of the Social Care Workforce Research Unit. She has worked in the voluntary sector and in education for many years, concentrating on services for older people. She was a member of the NICE/SCIE dementia guidelines group and is a member of INTERDEM.

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Examining early psychosocial interventions in dementia care, this evidence-based guide to practice brings together the knowledge and experience of professionals across the UK and Europe. About the Author. Bob Woods is an Emeritus Professor of Clinical Psychology of Older People at Bangor University, Wales, UK. For over 40 years he combined clinical work in the NHS with research which has helped to develop and evaluate psychosocial interventions for people with dementia and their carers, including cognitive stimulation and reminiscence work. Read more. Product details. Dementia is a major global health problem; in the absence of a cure there is increasing focus on risk reduction, timely diagnosis, and early intervention. Primary and secondary care doctors play complementary roles in dementia diagnosis; differential diagnoses include cognitive impairment due to normal ageing and depression. Cost effective drug (acetylcholinesterase inhibitors) and non-drug interventions such as cognitive stimulation therapy exist that help to delay cognitive deterioration and improve quality of life; information provision and practical support are also important. Discussions This guideline covers diagnosing and managing dementia (including Alzheimer’s disease). It aims to improve care by making recommendations on training staff and... Recommendations. 1.1 Involving people living with dementia in decisions about their care. 1.2 Diagnosis. 1.3 Care coordination. 1.4 Interventions to promote cognition, independence and wellbeing. 1.5 Pharmacological interventions for dementia. 1.6 Medicines that may cause cognitive impairment. 1.7 Managing non-cognitive symptoms. 1.8 Assessing and managing other long-term conditions in people living with dementia. 1.9 Risks during hospital admission. 1.10 Palliative care.