Hypnotherapy = Hypnosis + Therapy: When any psychotherapeutic process is used with the client in a hypnotic state, it technically becomes hypnotherapy. Which means when a trained therapist uses any therapeutic technique or tool in combination with hypnosis to help a client or patient overcome mental, emotional or physical challenges, it is called hypnotherapy. And the therapist is called a Hypnotherapist. Hypnotherapy is a kind of psychotherapy. Hypnotherapy aims to re-program patterns of behavior within the mind, enabling, irrational fears, phobias, negative thoughts and suppressed emotions to be overcome. While hypnotherapy as a field has its own set of techniques and processes, it can also be used in conjunction with any other field of psychotherapy. Choose books together. Track your books. Bring your club to Amazon Book Clubs, start a new book club and invite your friends to join, or find a club that’s right for you for free. Explore Amazon Book Clubs. Flip to back Flip to front. Listen Playing Paused You're listening to a sample of the Audible audio edition. Learn more. See this image. Hypnotherapy For The Therapist Paperback – February 13, 2011. by Bradley W. Kuhns, Ph.D., O.M.D. (Author). Read more Read less. Rapid Transformational Hypnotherapy for Abundance gives you all the instant benefits of years of therapy in just one session, by reprogramming the mind. But there’s something specific going on when you rewire your brain, and it’s connected to your body’s neurons: the basic working units of the brain, designed to transmit information to other nerve cells, muscle, or gland cells. As a hands-on therapist to her clients, Marisa uses Rapid Transformational Therapy to unlock the brain’s natural ability and help her clients literally rewrite their brains for performance, resolve past issues, and unlock their capacity for abundance. She’s written four bestselling books, on how transformational hypnotherapy can help people lose weight, get pregnant, gain confidence, and stay young.