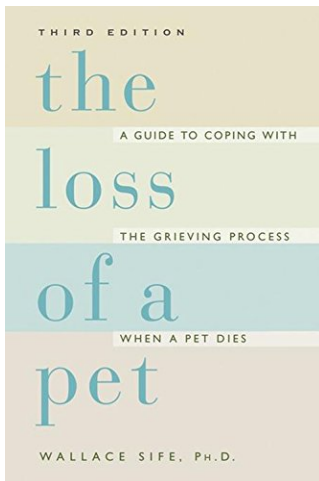


[PDF] The Loss Of A Pet

Wallace Sife - pdf download free book



Books Details:

Title: The Loss of a Pet

Author: Wallace Sife

Released: 2005-09-09

Language:

Pages: 276

ISBN: 0764579304

ISBN13: 978-0764579301

ASIN: 0764579304

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Description:

From Publishers Weekly If you snicker at the notion of a book devoted to pet bereavement, consider that that very lack of sympathy may have brought the book into being. Sife, a Brooklyn, N.Y.-based psychotherapist and the founder of the Association for Pet Bereavement, addresses the pet owner whose grief at a pet's death is largely misunderstood or even ridiculed by friends, associates and society in general. Although his topic easily lends itself to touchy-feely disquisitions, Sife is to be commended for offering information that is not only compassionate but concise, wide-ranging and, above all, practical. For example, he defines stages of grieving, interpolating case studies to demonstrate those instances where expressions of mourning mask deeper problems. He composes dignified rejoinders to those who launch a "perceived assault" on the reader's grief; explains why the rupture of a human-animal bond can be so devastating; offers specific techniques for dealing with anger; explores the special needs of children whose pets die; presents various factors involved in considering euthanasia, including such particulars as whether or not it is beneficial to remain with the pet until its final breath; and polls leaders of various religions. A superb contribution to a growing field.

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From the Back Cover Understanding helps heal the hurt when you lose a pet

A cherished pet gives you boundless, unconditional love and occupies a special place in your routine, your home, and your heart. When your pet dies, that warm, special place becomes a sad, empty space. This book helps you understand:

- The grieving process, including typical stages of grief and techniques for coping
- Grieving for a missing pet, one you had to give up because of a change in life situation, and other difficult circumstances
- Children and the death of a pet
- Euthanasia, including important considerations
- Religion and the death of a pet, with articles by various religious leaders
- Aftercare facilities, including an extensive index of pet cemeteries, crematories, and memorial gardens

The Loss of a Pet, Third Edition has new expanded information, is filled with practical suggestions, resources, and most importantly, compassion and understanding. This important book helps you cope and reassures you that you are not alone.

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Help Other Pets Accept the Loss of a Pet. If you have another pet in the home, you will need to keep an eye out for behavior that may be a result of losing its pal. Like people, each animal handles grief in its own way. If you are concerned that your pet may be suffering, consult with your vet. He or she may have suggestions for how to help your animal. For more information on how to handle an animal's grief over the death of a pet, visit our [Helping Pets Grieve](#) page. [Making Arrangements After the Loss of a Pet](#) The loss of a pet is a significant life event, particularly if the pet has been with your family for a long time. You may be required to handle your own grief as well as help others in your family handle theirs. This can be overwhelming. Grieving after the loss of a pet is normal, and the emotions a pet owner will experience after the loss of a pet can mimic the emotions felt after the loss of a human family member. For many people, pets are like family and may offer daily comfort and joy for up to two decades. In the case of some pets (like parrots or turtles), the pet may be with the family for a lifetime. Emotions you may expect to feel include denial that the pet has passed and anger because of the loss, as well as depression or guilt. [Dealing with Grief and the Loss of a Pet](#). If you're aware of a medical issue that will shortly claim the life of your pet, the weeks or months before the expected loss can feel traumatizing. Will your pet's suffering reach a point where euthanizing is the best answer? The loss of a pet may be your child's first experience of death and your first opportunity to teach them about coping with the grief and pain that inevitably accompanies the joy of loving another living creature. Losing a pet can be a traumatic experience for any child. Many kids love their pets very deeply and some may not even remember a time in their life when the pet wasn't around.

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