Professional burnout in healthcare – is technology the cause and the solution? Estimated reading time: 9-11 minutes. Loss of enthusiasm. Low self-esteem. For health technology companies like Philips, we have had to recognize that whilst digital technologies and data-led medicine can break new ground and, in some cases, even be a savior. But too often these tools are also adding to the daily burden and complexities being asked of care teams. Poor integration of technology can often result in doctors working more hours but spending less time with patients. Electronic health records (EHRs) are a major culprit, and both anecdotal and empirical evidence reveals many flaws in the way they operate, and the way clinicians use them. Physicians and other helping professionals have created a practical, hands-on book that will aid in the identification of... It offers a thorough understanding of professional burnout, elaborating how burnout develops and offering a model with which to identify job stressors. Professional Burnout in Medicine and the Helping Professions also offers an in-depth exploration of stress and burnout issues from the perspectives of specific medical and helping profession disciplines—physicians, nurses, social workers, psychotherapists, teachers, consultants, agency and hospital workers, funeral directors, and more. Books related to Professional Burnout in Medicine and the Helping Professions. Skip this list. Burnout is not only harmful to overworked, unsupported healthcare professionals, it also puts patients at risk. In this book, award-winning author and hospital physician Rajeev Kurapati offers a guide to recognizing burnout, as well as providing practical, actionable techniques for developing resilience at both the individual and organizational levels. Based on the latest evidence-based research, these steps will help practitioners regain joy and gain freedom from burnout. Read More. Publisher Order now from our extensive selection of books coming soon with Pre-order Price Guarantee. If the Amazon.com.au price decreases between your order time and the end of the day of the release date, you'll receive the lowest price. Shop now. Product details. Prime members enjoy FREE Delivery and exclusive access to movies, TV shows, music, Kindle e-books, Twitch Prime, and more. > Get Started. Back to top.