



## The Discipline Book: How to Have a Better-Behaved Child From Birth to Age Ten

By Martha Sears

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review of another edition. I thought this book was helpful but I get a little frustrated with Dr.Sears at times. Every solution begins with "practice attachment parenting." I get it, and if I had to name a parenting philosophy that we follow, this would be the closest one.  
My husband and I both worked with this book from ages 1 to 10. I loved looking at the father and son photo on the cover. The child is looking at the world with his Dad right there with him. Children's fears. How to deal with them. Everyone is afraid of something and it does not depend on age. Fear is quite natural and predictable reaction to stimulus that our subconscious mind sees as a threat. But if we overcome our fears we can then kiddies, it's still pretty difficult.  
How to identify fear? It is best to talk with your child about what he's afraid to ask them to draw or write a story with you as the main character. If he starts to tell a scary story, it is better to give to get fancy in another direction  
ask the child to complete it positively and come up with a good ending, where the child comes out the winner. Fears for all ages. To overcome children's fears provided that you understand what they are called and how to handle them. Each age  
time of those or other fears. How to have a better-behaved child. from birth to age ten. Dr William Sears and Martha Sears, R.N. Edited by Caroline Deacon.  
Discipline's Top Ten  
An Overview of This Book (#ulink\_4a41de32-4c46-5a3c-9fc3-2f8671fb967d). Chapter 2: Birth to One Year: Getting Connected (#uc08f4de2-a9eb-5013-ab6d-1b538ed66a29). Martha and Matthew  
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They will develop a good sense of respect for authority figures when discipline is done correctly in the home with clear rules and consequences in place. This again means that it is not too harsh (i.e. screaming and yelling), does not involve abuse, and is never done when a parent is filled with anger or rage. The Good Behaviour Book: How to have a better-behaved child from birth to age ten Martha Sears.  
A Word About Discipline from Dr Bill and Martha. I: Promoting Desirable Behaviour. Chapter 1: Our Approach to Discipline. Styles of Discipline. Discipline's Top Ten  
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Ten Ways to Help Children Build Self-Confidence. Chapter 8: Helping Your Child Express Feelings. Feelings: Expressing or Bottling Up? How to Raise an Expressive Child. Chapter 9: Making Anger Work for You. Why Kids Get Angry.

helping a child to express feelings \* the constructive use of anger \* good nutrition for good behavior \* sleep and nighttime discipline \* sibling rivalry \* spanking and alternatives to spanking \* how to eliminate bothersome behaviors such as whining and talking back \* how to respond when your child lies, cheats, or steals \* discipline after divorce and in the single-parent household Drawing on nearly thirty years of the Searses' experience as childcare professionals and as the parents of eight children, The Discipline Book will make you confident in your ability to correct undesirable behavior. We all want our children to behave well, but the word "discipline" has connotations of corporal punishment and Victorian family values. In fact, discipline is a positive and integral part of your whole relationship with your child. It can't be pulled out and isolated from the rest of your family's life and does not need to be punitive. In fact, we would argue that it should never involve physical punishment. How to read this book depends upon your needs. If you are first-time parents with a new baby, this book is a recipe for discipline, a philosophy of child rearing, and for some even a guide for living. If you are already experiencing discipline problems, this is also a repair manual, a fix-it-yourself book. Parents, we want you to realize the rewards of investing in your child's behaviour. Children's fears. How to deal with them. Everyone is afraid of something and it does not depend on age. Fear is quite natural and predictable reaction to stimulus that our subconscious mind sees as a threat. But if we overcome our fears we can then kiddies, it's still pretty difficult. How to identify fear? It is best to talk with your child about what he's afraid to ask them to draw or write a story with you as the main character. If he starts to tell a scary story, it is better to give to get fancy in another direction. Ask the child to complete it positively and come up with a good ending, where the child comes out the winner. Fears for all ages. To overcome children's fears provided that you understand what they are called and how to handle them. Each age time of those or other fears.