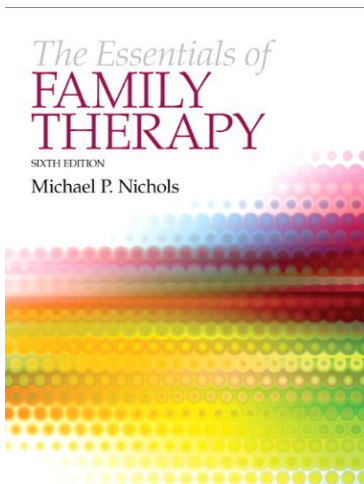


[PDF] The Essentials Of Family Therapy (6th Edition)

Michael P. Nichols - pdf download free book



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Description:

Illustrates family therapy techniques.

With its clinical focus and extremely practical presentation, *The Essentials of Family Therapy, 6/e* examines the rich history, classic schools, and latest developments in family therapy. The sixth edition is edited to focus more on the contemporary clinical practice and case studies illustrating family therapy techniques. Written by a leading family therapist, descriptions of the various models are based on actual experience.

Learning Goals

Upon completing this book, readers will be able to:

- Utilize various family therapy techniques.
 - Recognize the techniques of successful contemporaries in the field.
 - Understand why research has failed to influence clinical practice.
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Family Therapy in the Twenty-First Century 190 Erosion of Boundaries 190 Postmodernism 191 The Feminist Critique 191. viii.

Contents.Â Foreword It was a great honor to be asked to write the foreword for the sixth edition of The Essentials of Family Therapy. Throughout this book, Mike Nichols has given students, as well as teachers of family therapy, a tremendous gift. I have assigned earlier editions to my students so that they might experience a journey through the evolution of this tremendous field. I have relied on this book to convey the excitement of the discovery and elaboration of the new worldview each model of family therapy introduced, as well as the important concepts and unique contributions it offered. The essential theory behind family therapy is that a family is a system made up of parts and a problem with one of the parts (or members of the family) affects the entire system. Families try to maintain homeostasis. This means that families try to keep things stable or the same. If one member of the family does anything out of the "norm" for that particular family, the members of that family will fight against him or her to bring things back the way they used to be.Â Cybernetics and General Systems Theory Cybernetics is important to the development of family therapy because it marked the beginning of the exploration of many types of systems including families. In fact, Cybernetics is the study of systems whether they are electrical, social, physical, mechanical, biological, or even psychological. This second edition of The Essentials of Family Therapy examines the rich history, classic schools, and latest developments of family therapy while emphasizing clinical practice. This text is designed for students of Family Therapy, Practice with Children and Families, and Marriage and Family Counseling in Counseling and Psychology programs, as well as for therapists in pr. This second edition of The Essentials of Family Therapy examines the rich history, classic schools, and latest developments of family therapy while emphasizing clinical practice. This text is designed for students of Family ... Comprehensive and Nuanced Intro to Family Therapy. Published by Thriftbooks.com User , 12 years ago. This text is a fantastic overview of the breadth of family therapy theories. The authors, who are experts in and important contributors to the field, also put the theories in the context of the history of family therapy - which is invaluable information for any beginning family therapist. The authors offer nuanced perspectives on the theories and on the field of family therapy, rather than just giving the simple facts of each theory - which is hugely helpful when it comes to actually putting th Only RUB 220.84/month. The Essentials of Family Therapy; Chapters 1, 3, 4, 5 Definitions. STUDY. Flashcards.Â An explicit agreement between the client(s) and therapist that specifies the terms of therapy, including things such as frequency and length of sessions, who is to attend, and fees. Boundaries. Emotional barriers that protect and enhance the integrity of individuals, subsystems, and families. Family life cycle. Stages in a family life -- from separating from parents through getting married, having children, retiring, and so on -- that generally require modifications of the family structure. Formulation. A therapeutic hypothesis about what is responsible for creating and maintaining a client&apo